

GRANDVIEW HEIGHTS SCHOOLS 2017-2018 Lunch Menu



EST. 1906

GRANDVIEW HEIGHTS SCHOOLS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	MONDAY Hamburger/Cheese on Bun Oven Fries Carrots/Celery w/dip Fruit Choice Milk Choice	TUESDAY French Toast Sticks Sausage Links Hash Brown Juice Choice Milk Choice	WEDNESDAY Pizza Choice Steamed Corn Slushie Cup or Fruit Choice Milk Choice	THURSDAY Chicken Poppers Mashed Potatoes Green Beans Fruit Choice Milk Choice	FRIDAY Corn Dog Potato Triangles Baked Beans Apple Slices Milk Choice
MENU #2	MONDAY Super Nacho's Meat/Cheese/Chips Refried Beans Lettuce/Tomato/Salsa Fruit Choice Milk Choice	TUESDAY Sloppy Joe Sandwich Tator Tots Steamed Broccoli Fruit Choice Milk Choice	WEDNESDAY Bosco Stick Marinara Sauce Yogurt Cup Green Beans Fruit Choice Milk Choice	THURSDAY Pancakes Sausage Links Hash Browns Juice Choice Milk Choice	FRIDAY Chicken Nuggets Mashed Potatoes Steamed Peas Roll Juice Choice Milk Choice
MENU #3	MONDAY Hot Dog on Bun Baked Beans Potato Triangle Fruit Choice Milk Choice	TUESDAY Chicken and Waffle Hash Brown Celery/Dip Juice Choice Milk Choice	WEDNESDAY Pasta w/Meat Sauce Garlic Bread Tossed Salad Slushie Cup or Fruit Choice Milk Choice	THURSDAY Hamburger/Cheese on Bun Fries Corn Fruit Choice Milk Choice	FRIDAY Grilled Cheese Tomato Soup Carrots w/dip Fruit Choice Milk Choice
MENU #4	MONDAY French Toast Sticks Sausage Links Hash Brown Juice Milk Choice	TUESDAY Chicken Poppers Mashed Potatoes Celery/Dip Fruit Choice Milk Choice	WEDNESDAY Big Daddy's Pizza Steamed Carrots Tossed Salad Fruit Choice Milk Choice	THURSDAY Corn Dog Baked Beans Carrots/Dip Fruit Choice Milk Choice	FRIDAY Bosco Stick Marinara Sauce Corn Yogurt Cup Fruit Choice Milk Choice
MENU #5	MONDAY Macaroni and Cheese Green Beans Roll Apple Slices Milk Choice	TUESDAY Super Nacho's Meat/Cheese/Chips Refried Beans Tomato/Lettuce/Salsa Fruit Choice Milk Choice	WEDNESDAY Pizza Choice Corn Ice Cream Cup Fruit Choice Milk Choice	THURSDAY Chicken Nuggets Mashed Potatoes Green Beans Fruit Choice Milk Choice	FRIDAY Pasta w/Meat Sauce Garlic Bread Tossed Salad Fruit Choice Milk Choice

- **3 Full Lunch menus are available daily.** The main menu, the Peanut Butter and Jelly lunch and the chef salad meal.
- **Chef Salad Alternative:** 2 cups Romaine Lettuce, 1 oz. Shredded Cheese, 1 oz. Turkey Ham, ½ Hard Boiled Egg, 1 oz Wheat Thins, Ranch or Italian Dressing, Fruit Choice and Milk.
- **Peanut Butter & Jelly Lunch:** PB&J on Wheat, Fresh Carrots or Celery with Dip, Fresh Fruit and Milk.
- Vegetable sub groups will change with availability throughout the school year.
- All flavored Milk served is Fat Free, white milk is 1%.
- Lunch Prices are \$3.25. Money can be put on accounts by cash, check or EZpay on line. **No charges permitted.**
- Menus are subject to change, and are offer vs serve.
- Nutritional information is available on our website, www.grandviewschools.org, just click the Food Service link.
- If you have questions or concerns about menu items or your child's account please contact: carol.hamilton@ghcsd.org.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2017	SEPTEMBER 2017	OCTOBER 2017	NOVEMBER 2017	DECEMBER 2017	JANUARY 2018	FEBRUARY 2018	MARCH 2018	APRIL 2018	MAY 2018
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6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	4 5 6 7 8 9 10	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12
13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	11 12 13 14 15 16 17	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	18 19 20 21 22 23 24	18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30	28 29 30 31	25 26 27 28	25 26 27 28 29 30 31	29 30	27 28 29 30 31